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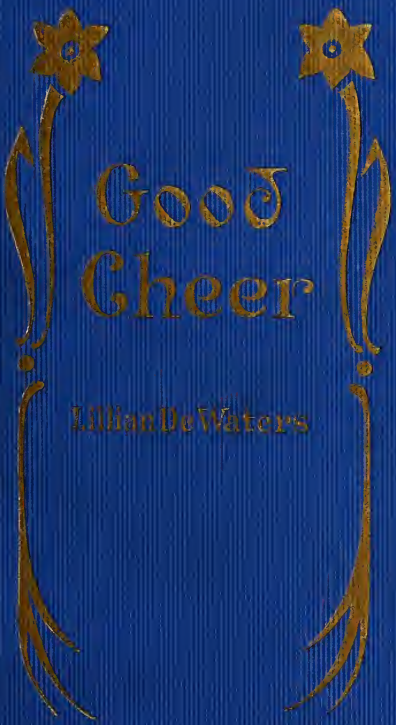

Lillian De Waters

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Good Cheer

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By

Lillian (Stephenson)
DeWaters

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no 1

Lo,

I am

with thee alway. . . .

Be of

Good Cheer.

—*Jesus.*

Greetings

May love
and joy
be yours today,
And peace
and hope and cheer;
May Life unfold
its blessing rich,
And naught but good
be near.

Greetings

My thoughts
of you
are filled with love,
My wish
is strong and true;
That wisdom
health and harmony,
Increase each day
For you.

Fear Not

There is really nothing to fear. God is within me, without me, around me and about me, for God is All, and there is, therefore, no opposing power. My Life is the same in substance as this One-Life, God—perfect, changeless, pure and good.

Fear Not

No harm can
come to me;
nothing can disturb me,
for Right Thinking is the Rock
which supports me;
blesses me; redeems me.
To have health,
I must think health;
To have joy,
I must think joy;
To reap abundance, I must
think abundance.

Fear Not

Nature, God
is perfect,
changeless and good;
but, in order that
I experience
this good
which is mine
by nature,
I must come
into possession of it
through my
thinking.

Fear Not

I must come into
possession of this all-good,
through my knowing
and my feeling
that my Life
is the One-Life,
and is imperishable;
indestructible; incapable
of being sick or discordant.
My Life is Life, Itself,
perfect, free and
glorious.

Oneness

Nature, I am one
with Thee—
Oh, what joy
this brings to me;
'Tis thy substance, pure, divine,
This individual life of mine.
No need of sickness,
lack or fear,
Thyself is all
there can be here;
Thou in me and I in Thee,
Life of wondrous
unity.

Oneness

Nature, I am one
with Thee—
Blessed Truth which
freeth me;
All past mystery melts away,
And now dawns the perfect day
When plain Truth
we can discern
And all longing hearts can learn.
No other fact,
then, can there be,—
Thou art All and ALL
is Thee.

Self Harmony

Self-harmony
is that state of mind
that is quiet, restful,
confident; that does not reap
its peace from the without
but from the within.
It is to maintain unruffled calm
when you are blamed, abused
or treated unjustly.
It is to be habitually honest,
fearless, joyous, generous,
loving and kind.

Self Harmony

To wonder
at nothing that is said
about you; to feel nothing
that is done against you;
It is perpetual calmness
of thought based upon
the conviction that the good
alone is the all of Life;
it is to think nothing but good;
know nothing but good;
act nothing but
good.

Self Harmony

It is to
have a joy so great
that sorrow cannot
pierce it;
To have a soul
so big
so full of love
and compassion,
that all who come within
your mental touch
will be strengthened, blessed
and enriched.

Self Harmony

It is never
to wound another
by thought nor act,
but always
to seek to cultivate
and to unfold
the good
in those who are
willing to
be helped and
enlightened.

Expectancy

Expectancy
is the open door
to receiving, so—
expect to run and to leap
today.
Expect to hear perfectly,
see perfectly, now.
Expect that because all Life
is perfect and divine,
that you can
never be less than
perfect.

Expectancy

Expect the
floodtides of strength,
joy, activity, peace, harmony,
wisdom, love, understanding,
to unfold to you individually,
as flow the waters over
the Niagara banks,—
without limit. This is the hope
that passeth understanding;
The joy that is King:
The Christ which sayeth alway,
"Be of Good Cheer".

Right Thought

Think of all Life
as God.
Think of yourself as
an inseparable part of
this One-Life, One-All.
Think of your mentality
(because of its nature
and substance as Mind)
as having all power and
dominion through
its right and true
thinking.

Right Thought

Think of
your embodiment
as spiritual and good
and perfect;
the manifestation of
Nature, God.
Think of your neighbor
as you think
of yourself.
Think of God as All,
and think of All as
God.

Right Thought

Think of the
whole visible universe
as ONE,—the effect or
manifestation,
of invisible Nature,
God.
Think of it as
lovely and real
wonderful and glorious,
for such it is
in Truth.

Right Thought

Think
of God, Life,
as the whole, real,
mental element
of which
each individual is
a part
as the drops
of water go
to make up
the sea.

My Prayer

To be
ever conscious
of my unity with
the One-Life,
which is paramount,
supreme
and adorable.
To constantly strive
to unfold Wisdom
and to give no heed
to erroneous
ideas.

My Prayer

To separate
all blind belief from
intelligent reasoning,
and to see all as
an inseparable part
of the one perfect Whole.
To show loving consideration,
and be willing always
to give forth real
enlightenment
to all who
desire it.

My Prayer

To keep
my mental sense
of Life
pure and uncontaminated;
radiant with Joy;
vital with Hope;
resplendent with Faith,
Love and Confidence,
cleansed
from all erring
delusions.

My Prayer

To have
one aim,—
to rise each day
into greater and
fuller understanding
of perfect Life,
and to bring
this mental enlightenment
(which is
true salvation) unto
others.

Understanding

It is not eternity
that heals;
it is Right Thought.
Life is already perfect.
All that we have to do
in order to experience
this perfect Life
is to find this fact out
for ourself,
take mental possession of
this truth and act out our
understanding.

Understanding

I feel positive,
earnest, willing, obedient.
I feel loving, kind,
considerate and gentle.
I feel active, strong,
harmonious and well.
God is all and
God is good; hence,
this all-good is now unfolding
itself to me, and there is
no other power nor
presence.

Understanding

There are not
lives many,
and minds many,
for we are all this
One-Life, this One-Mind;
hence, we all have
inherent power, dominion,
strength, and all good.
It is not the body
that needs to be healed; it is
the thought that needs to
be corrected.

Understanding

There are no
physical conditions.
All is mental, hence
all results are
mental results
or are the effects
of the thinking.
In me are all
the mental qualities
that are in the Father
or primal, mental element
—God.

Understanding

I am strong in the conviction that Life is changeless and incorruptible and that this Life is my Life, now. All objectifications that are not true to perfect Life are not true to me, and I now cast all sense of pain or lack or fear out of my thinking and instead feel the sense of health, of peace and perfect manifestation.

Understanding

There is no
failure, loss, sorrow,
sickness in perfect
and adorable Life;
hence, none for me
to experience.
I am this understanding Mind;
I can think in conformity
with the facts of Life;
I will apply my understanding to
my problems at hand and the
results are sure.

Understanding

The positive, mental conviction of the eternal harmony of Being restores my soul (true sense) and I am free. Perfect Mind has all faith in Itself; therefore, I have all faith in my right and true thinking. According to my understanding, faith and application of right thinking are the results of good forthcoming.

Understanding

Blessed are they
who understand that Joy,
Praise, Love, Faith,
and Gratitude,
are their divine heritage,
for theirs is the
Kingdom of Harmony.
The only real Law in me
is the Law of
Health and Harmony and
this Law in me is now
being fulfilled.

Understanding

I praise Mind
for its Wonders and
its Glories,
its Freedom and
its Infinity,
and clearly understand,
that no lack, no sickness,
no loss or evil
of any kind,
is inherent in the all-perfect
Mind, nor can they
be part of me.

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